



Healthy outdoor life at St RCHF 2017 summer camps for children



In June St RCHF held its 1st Summer camping holiday for children in the beautiful Fundu Moldovei village in Bucovina, Romania. On arrival whilst setting up the first few tents we had to rush for shelter in the RCHF vehicle when a heavy rainstorm appeared. Thankfully it didn't last long and we soon resolved setting up all of the tents before the children arrived.

In this summer camp which is free to all children who are chosen to attend we had girls from Ciocanesti and Botos villages and children in state care at the Visatori children's home. Ages ranged from just 5 years old to 18 years old. We are thankful for the support of the Director and staff at the Visatori center who joined us in this camp to help with all of the children on a volunteer basis.

After a wet start it was a week of hot, sunny weather and this made many outdoor activities possible including a 14 km trekking session over the mountains to the Monastery of Arata where the Orthodox Sisters provided all children and volunteer staff with a wonderful meal and fresh juice alike. Children also went on daily activity walks learning about nature and wildlife, plus participated in sports activities on site. The result was many a child made new friends and also benefitted from 3 full meals a day as well as plenty of clean air and physical activities to help their muscles, lungs and whole body become more healthy along the way.

Thanks also go to The Suceava Police Inspectorate, our traditional partners in many activities who attended also to help and produced several workshops for children on subjects that are relevant to children today in life.



St RCHF Summer holiday for children in Dorohoi at Vorona Monastery



After the first Summer camp for children in Suceava County we in July invited children from the town and villages around Dorohoi which is a depressed area with both high unemployment and social family problems for many. With the support again of Fr Muha at the Orthodox seminar and Church in Dorohoi we were able to have children arrive by bus to Vorona also in Botosani County for a weeks holiday.

The children were billeted at the Monastery in 2 dormitories each with 20 beds and ate food daily at the monastery too, plus evening meals provided by St RCHF staff and volunteers. Again as with all St RCHF summer children's holidays there were no charges to any child or its parents and all food was paid including treats out of St RCHF funds raised.

Because of our strong ongoing collaboration with the Romanian Police 2 officers from Suceava County attended also and made workshops for children, plus we had sports activities on a large grass area just outside the monastery walls and went trekking in the forests and to another monastery just 6km away also.. Without our support its fair to say that none of these children had a chance of a holiday away from home, thus we brought hope and understanding as well as sheer joy and happiness to very deserving children.

In August St RCHF has its 3rd summer camp of the year for children who are in children's homes and will be held at Ciocanesti Village in the Suhard mountain range of Suceava County of Romania.



World Press reportage of St RCHF supporting families near Stroesti in Suceava County



In July St RCHF in collaboration with Suceava Police Inspectorate made actions that addressed road safety with an aspect of safe cycling for young people.

We also brought support to marginalized families living near Stroesti village who have no mains electricity, gas or water supply in their small dwellings. These families with children we support all year around including at Easter and Christmas.



We were accompanied to Stroesti by Robert Williams of News 247 World press UK and is a link here to his reportage.

<https://news247worldpressuk.com/2017/07/12/news247wordpress-impreuna-cu-ipj-suceava-la-activitati-de-prevenire-in-localitatile-defavorizate/>



School holiday advice from St RCHF For children

Before schools broke up for their summer holidays in June St RCHF held several workshops for children on vital subjects for children to help them stay safe in their free time including also advice on safe Internet use.



With daily temperatures of over 36c in June, July and August in Romania it is essential to drink at least 2 liters of water a day to replace lost body fluids. We educate on this aspect our public health campaigns and also advise people to stay indoors in the afternoons when the sun is at its highest. Photo shows pensioners in Iasi in the shade under trees.



We are now preparing to attend the festival at Ciocanesti village and after this our 3rd summer camp for children. This and all our other news will arrive in our next update in late September.

We thank our sponsors and volunteer unpaid helpers

Website www.rchf.eu